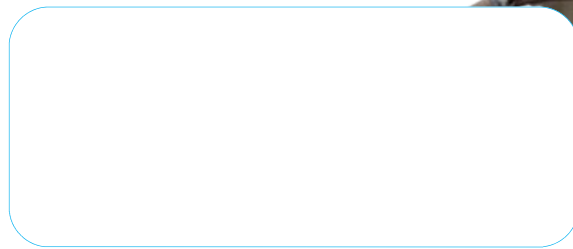




Acadiana Bird Club, Inc.
124 Avondale Drive
Lafayette, LA 70506



AUGUST 2024, V5 NO. 4

ACADIANA BIRD TALK

DEDICATED TO THE NEEDS OF ALL FEATHERED FRIENDS

CLUB MEETING

August 18, 2024
122 N. Pierce St.
Lafayette, LA
1:30 pm

ACADIANA BIRD CLUB, INC 124 AVONDALE DR. LAFAYETTE, LA 70506
WEBSITE: [ACADIANABIRDCLUBINC.COM](https://www.acadianabirdclubinc.com)
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ACADIANA BIRD TALK

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DID YOU KNOW?

You can receive this bird feeder for presenting our bird knowledge or experience at one of our meetings. You do not need to be a club member. Contact Dan at 337-212-6581 to schedule your presentation.



ADVERTISE ON OUR WEBSITE

Now you can place an ad on our website where potential customers can contact you directly or be connected to your own website.

[Click here to learn more about placing an ad](#)

YOUR CLUB'S DISCLOSURE

Acadiana Bird Club, Inc. reserves the right to edit any an all articles, letters, etc.

The officers and board of directors will view any letters sent to the club before being considered for the publication in the newsletter. Any article written and or misinforma- tion are not the responsibility of the club.

Your club will always attempt to put information in the newsletter that is correct and true, unless stated to be a fictional story, or cartoon.

2024 EVENT DATES

September 28-29, 2024 Acadiana Bird Fair

April 12–13, 2025 Acadiana Bird Fair

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OFFICERS

PRESIDENT

Dan Vollmer 337.212.6581
danpv@yahoo.com

VICE-PRESIDENT

Kim Fruge, 337-412-0022
labulllymom@yahoo.com

SECRETARY

Pam Burrow

TREASURER

Carol Flyte 337.316.1845
Carol_f_70506@yahoo.com

DIRECTORS

Brenda Boudreaux, Chad Bellanger,
Maria Heyman, Stephanie Lamperez,
and Ira Lilies.

WE RECOMMEND



School of Veterinary Medicine



Dr. Thomas Tully, DVM
Professor Veterinary
Clinical Sciences (VCS)
ttully1@lsu.edu (225) 578-9600

MEETING GROUPS

AFA Delegates Dan Vollmer

Bird Rescue Kim Fruge

Membership Carol Flyte

Newsletter Dan Vollmer
Pam Burrow

Website Dan Vollmer

Facebook Kim Fruge
..... Tarra Raby

American Federation
of Aviculture



For the
BIRDS
of Acadiana

Songbird Rehabilitation
and Private Bird Sanctuary

337.501.4523

For The Birds of Acadiana is a State and Federally licensed/permited Songbird and Migratory bird Rehabilitation Center in the heart of Lafayette, Louisiana. We operate as a 501 (c)3 non-profit organization.

BI-ANNUAL FAIR GROUPS

Advertising

Carol Flyte, Dan Vollmer,

Show Bird Chairman

Stephanie Lamperez

Fair Chairpersons

Ira Lilies, 225-276-3417
lilies0486@hotmail.com

Table Rentals

Ira Lilies, 225-276-3417
lilies0486@hotmail.com

Raffle Donation Table

Brenda Boudreaux 337.296.2045

COMMENTS/ SUGGESTIONS?

We'd like to hear from you with comments, suggestions, praise, ideas, constructive reviews or ways we can improve on our bi-annual bird fairs.

Email us:

acadianabirdclubinc@gmail.com

OR attend the next meeting!

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PRESIDENT'S MESSAGE



**DAN
VOLLMER
PRESIDENT
ACADIANA
BIRD CLUB,**
danpv@yahoo.com

At our last meeting I appointed Chris Thompson to oversee collecting feathers for the native American Indians and the club will be mailing them to a nonprofit organization that will give them to the native Americans. To learn more about the nonprofit organization go to [Feathers for Native Americans | Donate Feathers](#). They will take any size feathers even the clippings. You can bring them to our meetings and

Chris will mail them.

We also discussed the officer's and board responsibilities. If any one of us falls ill and cannot fulfill our responsibilities, we currently have no one that can step up to do those duties. For example, I am the only one that manages the website so I am trying to train someone that can also manage it. I also announced that I am looking for a successor to be President due to my workload at my job.

Our next meeting will be on August 18 at 1:30 pm, when we will discuss preparations for our next bird fair on Sept. 28-29, 2024. We already have a sponsor for the fair and need to discuss their benefits.

All club members receive a 10% discount at Birdscapes located in Broussard, LA.

We have preferred pricing on Mazuri 25 lb. pellet maintenance diet to club members only for \$38.50/25 lb. bag from Thibodeaux's Town and Country Store in Abbeville, LA. The retail price is \$51.99. They also have Colorful Companion seed

blends. Fifty-pound bag prices are \$47.99 for Parrakeet, \$59.95 for Cockatiel, and \$70.89 for Parrot. Contact me for more information at 337-212-6581.

Dan Vollmer, BS. MS. MBA.
President of Acadiana Bird Club, Inc.

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ACADIANA BIRD TALK

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PERFECT BIRDIE BREAD

Daniel P. Vollmer, President of Acadiana Bird Club, Inc.

There are many bird meals and treat recipes published in books and on the internet. Many are designed for what the bird likes to eat with the perception of it being nutritious. A detailed presentation on how to design a perfect meal for your bird and you was presented at the last AFA convention on Sept. 30, 2023. Perfect is defined as meeting all the nutritional guidelines for birds and your bird likes to eat it. If your bird doesn't eat it, then it's useless.

Birdie Bread Recipe Ingredients and Preparation

First add 2 cups of pulverized Mazuri pellets (maintenance diet), 2 cups of whole wheat flour, 4 tablespoons of flax seed meal, 4 teaspoons of nutritional yeast, and 4 teaspoons of baking soda in a large bowl and mix until uniform. Add 4 jumbo eggs with 2 eggshells to a blender and mix until the eggshells are very small particles (for about 30 seconds). Add 6 ounces of spinach, 2 cups low fat buttermilk, and 1/2 cup of honey and blend until uniform. Add the blended mixture to the bowl containing the dry ingredients. Mix well and pour into baking pans so that the thickness is less than 2 inches for better cooking. Place in a convection oven at 325 °F for 30 minutes. Increase the cooking time for drier birdie bread. Once cooled serve warm to your bird(s). Refrigerate for short term storage or freeze for longer storage.

Mazuri pellets are used since they are the only manufacturer that was willing to share the complete nutritional information to design the Birdie bread. They do not sell powder form so I use a blender to pulverize the pellets so the birds cannot eat around it. Table 1 shows the final nutritional information for the Birdie Pellet Honey bread, while Figure 2 shows an African grey enjoying it. This bird does not eat pellets but does if incorporated into a Birdie Bread recipe.

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PERFECT BIRDIE BREAD

Birdie Bread Variations for Taste

Nutritional information is based on dry weight of the ingredient so if your mixture is too thick, water can be added, and the nutritional information will not change. Most fruits contain at least 70% weight in most cases and the sugar is fructose. By substituting the honey in birdie bread for the sugar in fruit we can change the taste of the birdie bread to that fruit and still meet the nutritional requirements. Instead of listing all nutritional requirements for every variation, the amount and ranges for each fruit will be substituted so that the all-birdie bread variations are perfect. A few fruits are shown in Table 2. Calculations were performed at the maximum amount of fruit that could be substituted until the recipe fails to meet any one of the nutritional requirements. For example, 12 cups of red grapes are the maximum. Adding another cup causes the recipe to be too low in iron and manganese. A range is given so that the recipe can be tailored to your bird's liking.

The original recipe contains $\frac{1}{2}$ cup of honey or 169.5 grams. Since honey contains about 17% water, the amount of dry ingredient, which is mostly sugar is 140.7 grams. For fruits not listed substitute about the same 140.7 grams of sugar contained in the fruit and the birdie bread should still meet all the nutritional requirements. For example, 165g of mangos contain 22.5 grams of sugar or 13.6%. If we divide 140.7 g by 0.136, we need to add 1,029 g of mangos to equal the amount of sugar in $\frac{1}{2}$ cup of honey.



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PERFECT BIRDIE BREAD

Table 1

Perfect Birdie Pellet Honey Bread Nutritional Information^{1,2}

	Req.	Amount		Req.	Amount
Protein ²	3 – 15% or more	16.7%	Vitamin A IU/kg	2,500-8,000	24,324
histidine	<i>1.8%</i>	2.6%	Choline mg/kg	1857	1638
isoleucine	2.5%	4.4%	Niacin, mg/kg	54	90
leucine	5.5%	8.0%	Riboflavin (B2), mg/kg	40-75	18
lysine	5.1%	5.5%	Thiamine (B1), mg/kg	5 - 10	4.1
methionine	2.1%	2.6%	Vitamin B12 mcg/kg	2 - 5	17
methionine+ cystine	2.5%	4.3%	Vitamin C, mg/kg	0.01	0.07
phenylalanine+ tyrosine	4.7%	8.6%	Vitamin D (IU)/kg	198	<u>158</u>
threonine	3.3%	3.6%	Vitamin E, mg/kg	0 or more	2026
tryptophan	1.0%	1.2%	Vitamin K, ppm	500-1000	671
valine	3.2%	6.4%	Calcium %	50.7	101
arginine	5.0%	5.5%	Iron, ppm	15 - 50	0.4
Fat	5 – 12%	7.8%	Phosphorus, %	0.8 - 1	1.0
Omega 3, mg	<i>0.35%</i>	7,208 (0.9%)	Manganese, ppm	0.5 – 1%	1.0%
Omega 6, mg	-	10,649	Potassium, %	27	98
Omega 6/3	<i>1/1 – 4/1</i>	1.5	Zinc, ppm	60 - 80	0.54
Fiber	<i>14g/1000 cal</i>	23/1000	Magnesium, ppm	600 rec.	2,051
Water		846 g	Manganese, ppm	60 – 75	83
Total Dry Weight		802 g	Potassium, %	0.3 – 0.4	0.64
Total Calories		2,413	Zinc, ppm	40 – 50	49
			Copper, ppm	6 – 8	6.3
			Selenium, ppm	0.1	0.3

¹Amino acid requirement is the minimum for birds.

²Numbers shown in italic are human requirements in Req. column. Data was missing for birds.

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PERFECT BIRDIE BREAD



Figure 1: An African Grey Enjoying a Piece of Pellet Birdie Bread

Table 2

Replacing ½ cup of Honey in Birdie Bread for Different Fruits

	% Water	Amount, cups	Amount, g	Comments
Apples	85.6	0 – 17 cups	0 – 2,125	At 18 cups too low in copper
Bananas	74.9	0 – 9 cups	0 – 1,350	Use ripe bananas. At 10 cups too low in Zn, Cu, Mn and almost Vit. K
Persimmons	81.4		0 – 1,792	Use ripe soft persimmons. At 2,016 g too low in Mn. At 500 g makes a moist bridie bread. Less becomes drier.
Red Grapes	80.8	0 – 12 cups	0 – 1,812	At 13 cups too low in Fe and Mn

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218 W Saint Mary Blvd, Lafayette, LA 70506, 337-235-8165



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